



NEWSLINE

October 2024

A Publication of the Fulton Montgomery Regional Chamber of Commerce

The Fulton Montgomery Regional Chamber of Commerce supports our members and our region as a partner for business, workforce, and tourism development.

SEPTEMBER EVENTS CELEBRATE NEW BUSINESSES AND, THANKS TO OUR MEMBERS, THE CHAMBER GOLF CLASSIC WAS A SUCCESS!



The Chamber held a ribbon-cutting event at Vintage Café, 21 W. Main Street in Johnstown, to celebrate the new owners of the restaurant (Leida and Angel Burgos) and wish former owner Linda Joseph best of luck in her retirement! State and local elected officials were on hand to help us welcome the new owners! Visit their [Facebook page](#) for weekly specials!



Above: The Grand Opening of 7 Days C-Store, located at 45 Main Street in Amsterdam, was held in late September. The store is open seven days a week, 8am to midnight, for all your convenience store needs, including “exotic” snacks from all over the world. They also have an ATM on site. Visit their [Facebook page](#) for additional information.

Below: [Wishes N Dreams Past N Present](#) at 11 W. Fulton Street, Gloversville celebrated its opening with a ribbon cutting with the Chamber. This mother/daughter boutique carries a great selection of different items—beauty, housewares, purses, jewelry, clothing, baby items, homemade soaps and more.



SCENES FROM THE 2024 CHAMBER GOLF CLASSIC!





Message from the Executive Director

Dear Chamber Members,

Thank you for your support! 2024 Chamber Golf Classic a Great Success!

On behalf of the Fulton Montgomery Regional Chamber of Commerce, we extend our heartfelt thanks for your generous sponsorship of, and participation in, our recent golf tournament at Antler's Country Club. Your support played a vital role in making the event a success and fostering community connections. Please note the tournament donors/sponsors in later pages of this issue.

Thanks to your contributions, we were able to provide an enjoyable experience for all participants while raising funds for our scholarships and programming. We truly appreciate your commitment to our Chamber and our community.

COME AND JOIN US-YOUR MEMBERSHIP BENEFITS AWAIT YOU

Congratulations, you have made the solid investment to join the Chamber. Now what?

Here is just a snapshot of your benefits!

Networking

We provide opportunities to meet other local business owners through events like mixers, ribbon cuttings, seminars, job fairs and more.

These events can lead to partnerships, collaborations, and referrals.

Credibility

We can increase your business's credibility, making it more desirable to consumers.

Visibility

We can increase your business's visibility in the community, which can lead to new business.

Advocacy

We advocate for your interests in the halls of local, state and federal governments, promoting pro-business initiatives and addressing challenges faced by the community.

Continued on page 4

2024 BOARD OF DIRECTORS

Chair—Geoff Peck, *Nathan Littauer Hospital & Nursing Home*

Vice Chair—Elizabeth Bridge, *Liberty ARC*

Secretary—Carl Marucci, *Community Bank*

Treasurer—David Jankowski, *Joley Re Holding Corp.*

Immediate Past Chair—*Vacant*

Seth Brown, *Brown's Ford*

Ashley Capobianco, *Townsend Leather Company, Inc.*

Ashley Delaney, *The Wesson Group*

Janine Dykeman, *Mental Health Association in Fulton & Montgomery Counties*

Ryan Heck, *Alpin Haus*

Colleen Ioele-DeCristofaro, *Howard Hanna Real Estate*

Peter Lawrence, *The Family Counseling Center*

Jeffrey Methven, *St. Mary's Healthcare, Amsterdam*

Mike Schaus, *THINK Tank Media/WENT Radio*

Janet Stanley, *Lee Shops at Wagner Square*

David Ziskin, *HFM BOCES*

CHAMBER STAFF

Anne Boles, *Executive Director*

Mark Bolebruch, *Finance*

Janet Davis, *Director of Membership & Member Services*

Jennifer Hammons, *Special Projects Assistant*

Natalie May, *Business & Education Partnership Coordinator*

Terry Swierzowski, *Newsline Editor/Reporter*

Nicole Walrath, *Director of Workforce Development*

THE FULTON MONTGOMERY CHAMBER IS A MEMBER:

- ◆ [Business Council of New York State](#)
- ◆ [Center For Economic Growth—Capital Region](#)
- ◆ [Chamber Alliance of New York State](#)
- ◆ [Fulton County Center for Regional Growth](#)
- ◆ [Fulton County Farm Bureau](#)
- ◆ [Montgomery County Farm Bureau](#)
- ◆ [New York State Farm Bureau](#)

Welcome New Members

September 2024

ANNE C. CAMPBELL, NURSE PRACTITIONER IN HEALTH, PLLC

7 Church Street, Gloversville
(518) 370-6855

Family Nurse Practitioner serving the community by providing health consulting, mental health and weight loss medication management, medical card evaluation, and wellness consultation

7 DAYS C STORE

45 Main Street, Amsterdam
(518) 212-2096

Convenience store selling general merchandise such as coffee, groceries, snacks, candy, soft drinks, ice cream, tobacco, beer and cigarette products, lottery tickets, over-the-counter drugs, toiletries and more. ATM available on-site.

GREG HITCHCOCK COMMUNICATIONS, LLC, DBA Pegasus Digital Media

64 E. Fulton Street, Suite 104, Gloversville
(406) 630-2102 | www.pegasusdigitalmedia.com

Pegasus Digital Media is where multimedia journalism meets creativity. With a passion for storytelling and a keen eye for detail, I bring narratives to life through a unique blend of video, photography, and written word. My work aims to captivate, inform, and inspire audiences, offering a fresh perspective on diverse topics and issues.

RED DRAGON HEATING & COOLING

117 Van Road, Gloversville
(518) 848-2880 | 518reddragon.com

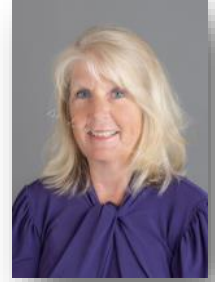
State-of-the-art heating and cooling, ventilation and air conditioning.



THANK YOU to [Schwalbacher Brewing](#) and [Megabites Catering](#) for providing the venue and food for our September Young Professionals Speed Networking event! Join us for our next Speed Networking Event on October 25, 5:30pm at Schwalbacher Brewing.!

MEMBERSHIP MESSAGE

Janet Davis, Director of Membership & Member Services



CHAMBER CHECKS

Chamber Checks are a valuable initiative from the Fulton Montgomery Regional Chamber. This is a dynamic program designed to bolster community support for local businesses. Chamber Checks not only stimulate the local economy, but also foster a sense of community pride and encourages residents to shop local.

What are Chamber Checks?

Chamber Checks are a form of gift certificates that can be used at a wide array of participating businesses within the Fulton and Montgomery County areas. Unlike traditional gift cards, these checks are specifically tailored to promote local businesses.

How do Chamber Checks Work?

Residents and visitors can purchase Chamber Checks in various denominations from the Chamber of Commerce and Ruby & Quiri, a local furniture and appliance store in Johnstown. These checks can be redeemed at participating local businesses, including retail shops, restaurants, and service providers. This flexible approach not only offers recipients the freedom to choose where to spend their checks but also introduces them to businesses they may have not explored otherwise. Each Chamber Check comes in a special gift envelope that includes a list and information about all participating businesses.

Benefits for Chamber-Member Businesses

1. **Increased Sales:** Chamber Checks encourage spending at local establishments, leading to a direct boost in sales for businesses.
2. **New Customers:** Participating in the program exposes businesses to new customers who may not have visited previously.
3. **Community Engagement:** Being part of the Chamber Checks program enhances a business's visibility and connection with the community, fostering a sense of partnership and support.

Benefits for Consumers

1. **Supporting Local Economy:** By using Chamber Checks, consumers contribute to the sustainability of local businesses, which in turn supports local jobs and services.
2. **Convenience and Variety:** With numerous participating businesses, recipients can easily find a place that meets their needs, whether it's dining out, shopping for gifts or receiving services.

Continued on page 10



MEMBER ANNIVERSARIES

September 2024

Thank you for your continued support!



41-50 YEARS

Gloversville Palace Diner—43

31 – 40 YEARS

Robert J. Hoy Agency—38

21 – 30 YEARS

Edward Valentine, M.D.—25

Miracle-Ear—21

11 – 20 YEARS

Frank & Sons Body Works, Inc.—19

O'Connor's Pub—19

4X Heaven & Krown Rust Prevention—19

C.F.I. Construction, Inc.—19

R. H. Crown Co., Inc.—15

Kimberly P. Travis, CPA—12

Top Quality Home Care Agency, L.L.C.—12

Country Valley Veterinary Clinic—12

1 – 10 YEARS

A to Z Indoor Comfort—10

Lillian Johnson, HTCP—9

Mysteries on Main Street—8

Northville 5 & 10—8

Nadine A. Bloom, Esq.—7

Ashley HomeStore Select—6

DeGuilio Brothers Flooring—6

NAC's Meat Market—4

Microtel Inn and Suites by Wyndham (Amsterdam) - 4

Dove Creek Animal Hospital—4

ATR Fleet Service—4

Primary Teeth Pediatric Dentistry, PLLC—

3

TNT Boat Tops—2

EXECUTIVE DIRECTOR MESSAGE—continued from page 2

Resources

We can provide you with access to resources, discounts, and relationships.

Marketing

We can help you market your products by listing them on websites and newsletters.

But we need your help! We actively search for your events, specials, job opportunities and promotions. If you need to update your business or have something specific about your business to showcase and promote...please give us a call or email info@fultonmontgomeryny.org

We look forward to collaborating with you in the future and hope to see you at our upcoming events!

RIVER RIDGE LIVING CENTER
Rehabilitation & Long Term Care

100 Sandy Drive, Amsterdam, NY 12010
518.843.3503 • RiverRidgeLC.com

MAKING A DIFFERENCE IN PEOPLE'S LIVES
At River Ridge Living Center
We offer a comprehensive array of clinical Services

Our Therapeutic Recreation Program provides a variety of stimulating activities to fully engage our residents - fostering new friendships and enhancing well-being and happiness.

In our Rehabilitation Department our goal is to help you regain your strength to get you back home as soon as possible.

*"We are dedicated to enhancing the life of our residents."
If you are a team player, compassionate and reliable,
a career at River Ridge Living Center is for you!*

Business Resources You Can Use:

EMPIRE STATE DEVELOPMENT DIVISION OF SMALL BUSINESS Technical Assistance Programs

As we said last month, Empire State Development's Small Business Division supports the development and expansion of businesses with under 100 employees – directing an array of programs and initiatives supporting small business growth and helping entrepreneurs maximize opportunities for success. This month we will take a look at Technical Assistance Programs for Businesses to help your small business start, retain, or regain a competitive edge.

ENTREPRENEURSHIP ASSISTANCE CENTERS

Entrepreneurship Assistance Centers (EAC) is an enterprise development program with centers located in communities throughout New York State that provide instruction, training, technical assistance, and support services to individuals who are interested in starting or recently started their own business, or entrepreneurs seeking to expand or strengthen their early-stage business.

EAC offer a wide range of technical assistance services, including:

- Evaluating the feasibility of starting a new business
- Refining a business concept and business plan
- Business registration assistance
- Skills building in the application of business management principles and practices
- A 60-hours business plan training course
- Learn financial management skills
- Develop and execute marketing strategies
- Website development and the design of ecommerce platforms
- Learn to sell products and services online
- Counseling and guidance in identifying and accessing capital and credit services
- Assistance with state procurement programs
- Certification assistance to New York State Minority/Women-owned Business Enterprises
- Mentoring

To find an EAC in our area, view the EAC Directory [here](#) or contact the NYS EAC department at nyseac@esd.ny.gov or call (212) 803-3234.

You can also apply to become an EAC. Find guidelines and how to apply [here](#). Some of the types of organizations that are eligible to apply include a community college, a BOCES, a not-for-profit corporation that is operated by a board of directors representing community leaders in business, education, finance, and government, and more.

NEW YORK MANUFACTURING EXTENSION PARTNERSHIP

The New York Manufacturing Extension Partnership (NY MEP) is a network of organizations that provide growth and innovation services to small and mid-sized manufacturers in every corner of the state to help them create and retain jobs, increase profits, and save time and money.

NY MEP is part of the National Institute of Standards and Technology's [Hollings Manufacturing Extension Partnership](#) and is supported through a combination of federal and state funding.

The regional New York MEP Centers for Fulton and Montgomery Counties:

[Advanced Institute for Manufacturing at Mohawk Valley Community College.](#)

The institute provides centralized manufacturing and technology assistance, leveraging MVCC's partner programs in workforce development, business incubation, and STEM - and supporting the region's priority industry cluster - cybersecurity.

PROCUREMENT ASSISTANCE PROGRAM

• The Procurement Assistance Program guides New York State small businesses in identifying contracting opportunities with state government agencies, and finding the resources needed to compete in this marketplace. Procurement workshops, including federal, state and local government contracting information

- Help in identifying agencies that might purchase a company's products or services
- Assistance in learning how to be placed on bidders' lists
- Identify various certifications at the state and federal level
- Assistance with the [New York State Contract Reporter website](#)
- Guide to the state's procurement process: [Doing Business with New York State](#)

Contact Empire State Development's Procurement Assistance Unit at (518) 292-5266.

In addition, find out more about these technical assistance programs for small business through ESD at the links below:

[NYS-Certified Business Incubator and Innovation Hot Spot Program](#)
[Small Business Environmental Ombudsman Centers for Advanced Technology](#)
[NYS Science and Technology Law Center](#)
[Cornell Center for Materials Research](#)
[Centers of Excellence](#)

RED DRAGON HEATING & COOLING ANNOUNCES GRAND OPENING

Red Dragon Heating and Cooling has announced its official launch, bringing state-of-the-art heating, ventilation and air conditioning (HVAC) solutions to Gloversville, Johnstown and surrounding areas. This new venture promises to redefine comfort and energy efficiency for homes and businesses in the region.

Founded by Tom Crocetta, an industry veteran with over 20 years of experience, Red Dragon Heating and Cooling aims to provide top-notch service with a commitment to quality, reliability and customer satisfaction. The company offers a full range of services, including installation, maintenance, and repair for both heating and cooling systems, ensuring optimal performance and energy efficiency.

Red Dragon Heating and Cooling stands out by incorporating the latest HVAC technology practices. The company utilizes advanced diagnostic tools and eco-friendly systems, ensuring that clients receive the most efficient



and sustainable solutions available. Additionally, the company is committed to transparency and integrity, providing honest assessments

and competitive pricing.

To celebrate the grand opening, Red Dragon Heating and Cooling is offering exclusive promotions and discounts for new customers. For more information on services, special offers, or to schedule a consultation, please visit www.518reddragon.com or contact the team at (518) 348-9000 or email info@518reddragon.com

MENTAL HEALTH ASSOCIATION PRESENTS MURDER MYSTERY DINNER THEATER

[The Mental Health Association in Fulton and Montgomery Counties, Inc.](#) presents Deadly Doo Wop at the Sweetheart Sock Hop: A Murder Mystery Dinner at Hales Mills Country Club, 146 Steele Road, Johnstown. Performed by The Foothills Family Productions, the event is scheduled for Friday, October 18, 6pm-9pm. This night of mystery, drinks and good food, offers a menu selection that includes Petite Prime Rib, Chicken Marsala, Honey Glazed Salmon or Petite Pasta Bundles. Cost is \$60 per person



Working together to build your business.

- Graphic Design
- Business Printing
- Catalog Creation
- Annual Reports
- Menu Creation
- Direct Mail
- Brochures
- Business Cards
- Letterhead
- Envelopes
- Multiple Part Forms
- Signage
- Promotional Products
- Banners
- Etc....

ricmar
design print

518-842-0218 • ricmarsolutions@gmail.com
30 S. Main Street • Gloversville NY 12078

A NYS Certified WBE Find us on 

and seating will be limited to 100 guests (tables seat six people). RSVP and payment due by October 11. Please contact The Mental Health Association at (518) 762-5332 or visit the Facebook event [here](#).

Mental Health Association Presents

A MURDER MYSTERY DINNER

A thrilling evening for all.

Please join us for an evening of mystery, good food and drinks!

Deadly Doo Wop at the Sweetheart Sock Hop!



NOW'S THE TIME TO Sell!

JOHNSTOWN
518.762.9885^(o)
363 NORTH COMERIE AVE. | JOHNSTOWN, NY 12095

GREAT SACANDAGA LAKE
518.863.2653^(o)
66 NORTHVILLE ROAD | NORTHVILLE, NY 12134

COLDWELL BANKER
PRIME PROPERTIES

WWW.COLDWELLBANKERPRIME.COM

Promote YOUR business here for \$75/month WITH free links to your online platforms!



Contact membership
[@fultonmontgomeryny.org](https://www.facebook.com/fultonmontgomeryny.org)

PLACENTRIC DIGITAL MARKETING is now ANN DONNELLY, FRACTIONAL COO



ANN DONNELLY, FRACTIONAL COO is your in-house COO with 40 years of experience in business management, including work in multinational corporations, building her own businesses, and advising business

owners and C-level executives.

WHO SHE WORKS WITH

- ESTABLISHED BUSINESSES looking to clean up operations and spark efficiency
- BRAND NEW BUSINESSES looking to build a sustainable foundation

HER STRONG SUITS

- Assessing overall operations
- Recommending new tech stacks + platforms
- Systemizing processes + workflows
- Documentation of SOP's
- Establishing management systems for employees + freelancers
- Streamlining internal AND client communications
- Recommending new hires + consultants
- Setting up client success and HR best practices for an impeccable client experience
- Overseeing digital marketing + SEO strategies

SO, HOW DID SHE GET HERE?

Her Journey from Fulton County, New York to NYC, to London, to Ireland, and back:

- 1980s – Manager, Alumni Records & Systems, The New School
- 1990s – Manager, Customer Success & Operations, RR Donnelley & Sons
- 2000s – Digital Marketing & SEO Director, O'Mahony Donnelly E-Business
- 2010s – Chief Operations Officer, O'Mahony Donnelly Chartered Certified Accountants & Business Advisors
- 2020s – Operations & Marketing Consultant, Ann Donnelly Digital Marketing Consulting & Coaching

Now working as a Fractional Chief Operating Officer, Anne provides businesses with a wide range of services, using all the experience and skills she has built over this 40-year career.

Visit anndonnelly.com to book an initial call or to get more information.



JOHNSON HALL STATE HISTORIC SITE PRESENTS "PHANTASMAGORIA"

Join us October 12th at 6:00pm as magic-lantern performers Dawn Elliott and Joel Schlemowitz present "Phantasmagoria!"

This 18th century-inspired magic lantern show is an unearthly experience created from a form of projected imagery. In the late 18th century, scientist and showman Étienne-Gaspard Robertson astonished Paris with his magic lantern show, featuring spooky images of ghosts and goblins that seemed to dance across the glowing screen! Elliot and Schlemowitz will recreate the experience of the Phantasmagoria right before your eyes with their eerie repertoire of recreated 18th century images, stories, and sounds! This unique performance is not to be missed!

This FREE, all-ages event will take place outdoors in the historic courtyard of Johnson Hall. Cider and donuts will be provided.

Attendees are strongly encouraged to dress for the weather and to bring lawn chairs or blankets to sit on.

The rain-date for this performance in October 13th at 6:00pm. Please call Johnson Hall at (518) 762-8712 for more information.

Support Your Local Chamber of Commerce Day is on Wednesday, October 16. This annual holiday is a great opportunity to showcase all the impactful work chambers do in communities across the world. Please check out our [Facebook page](#) and weekly email blasts for details about events/information surrounding this great day!

Sarah Jane Sanford Home for Women
Home for Elderly Women of Montgomery County, Inc.

Worry-Free Living in a Beautiful Setting!

Schedule a tour of our available private standard and private suite rooms today!

P:518-842-4350 www.sarahjanesanfordhomeforwomen.com

Colleen Ioele-DeCristofaro
Real Estate Salesperson
Cell: 518-281-4467
ColleenOpensDoors@gmail.com

Colleen Opens Doors

MOUNTAIN VALLEY HOSPICE CHICKEN BBQ SCHEDULED FOR OCT. 3

[Mountain Valley Hospice & Palliative Care](#) is hosting a chicken barbecue fundraiser on Thursday, October 3 in the parking lot of Runnings, 233 Fifth Avenue, Gloversville. Tickets are \$16 and include chicken, potato, cole slaw, roll and dessert. Dinners can be picked up between 2pm-6pm (all presale orders must be picked up by 5:30pm). For tickets, call (518) 725-4545 or pick up tickets in the reception



area at Mountain Valley Hospice & Palliative Care, 108 Steele Avenue, Gloversville.

EPIMED OFFERS FULL LINE OF RADIATION PROTECTION APRONS

To mitigate the risk of X-Ray exposure, Epimed offers a full line of innovative radiation protection aprons. From the standard lead apron to free lead material, super lightweight, our easy-to-wear aprons offer lasting radiation protection. Advantages offered by our aprons include:



- Lightweight, to reduce body fatigue.
- Flexible material, to move freely.
- Anti-bacterial and stain-resistant, to maintain a hygienic environment.
- Custom-made, all our aprons come with a broad range of customization options including a choice of protections, logo, and colors.

Get the apron that fits your needs. More comfort. Better Protection. For more information, visit the website at <https://epimed.com/epimed-quality/radiation-safety-and-protection/> or download the brochure [here](#).

PARKHURST RODENT AND PEST ANNOUNCES NEW DIVISION: PARKHURST HOME PROJECT SOLUTIONS



A new division of Parkhurst Rodent and Pest has recently been launched to address requests for small home projects. It is called Parkhurst Home Project Solutions. They have added a master carpenter to the staff to head these projects.

The business model will focus on all carpentry projects, including

- Window/door replacement
- Facia and soffit repair
- Deck/Porch/Patio repair and construction

Sheetrock/drywall repair
The list is endless.

Their main goal is to give their customers a solution for those small projects they are struggling with. Give them a call at 518-310-7600 to schedule a consultation/estimate, or visit their new website at www.parkhursthomeprojects.com

UPSTATE COFFEE NOW IN THE FRESH MARKETS!

Upstate Coffee has announced that they officially launched their products into The Fresh Markets in three states! This is more than just a milestone for the company – it’s a dream they’ve been chasing since day one, and the last four months have been a whirlwind of hard work and dedication. From securing new certifications to adding nitrogen to their bags for ultimate freshness, hiring amazing new team members, and fine-tuning every part of their workflow, they’ve been on a mission. Congratulations to Upstate Coffee!



ANNE C. CAMPBELL NURSE PRACTITIONER IN HEALTH PLLC

Anne Campbell is a Family Nurse Practitioner serving the community by providing health consulting, mental health and weight loss medication management, medical card evaluation, and wellness consultation. She is located at 7 Church Street in Gloversville, and can be reached at (518) 370-6855.

Anne has been practicing in the field of ID/DD (Intellectual Disabilities/Developmental Disabilities) for nearly 30 years. She has spent nearly her entire career supporting individuals with ID/DD supporting individuals with ID/DD throughout the lifespan. She started her career in the field of early intervention in 1996, shifting into the role of a residential RN in 1997. In addition, throughout her career, she has worked as a supervising RN, worked in QA/QI, supervised staff training and employee health, and as a nurse practitioner.

She obtained her associates degree in nursing science in 1992, progressing to her BS degree in 2004, and then obtained a certificate in forensic nursing, masters degree in nursing education and post masters certificate as a family nurse practitioner in 2013, working full time while raising five children. She has published various articles pertaining to ID/DD care, and has presented at both state and national levels on topics pertaining to ID/DD nursing care and support.

She is currently working in the field of ID/DD as a board-certified Family Nurse Practitioner. In 2023 she formed a PLLC and is now also providing community mental health support and wellness needs with mental health medication prescriptions, assistance with weight management prescriptions and GeneSight Testing. The goal is to collaborate with local primary care providers, mental health and family counselors, addiction counselor and other practitioners. She works with children and adults.

THIS IS BLISS MASSAGE THERAPY

Roberta Thomas, LMT (Licensed Massage Therapist), is the proprietor of This is Bliss Massage Therapy. Roberta has been a licensed massage therapist for over 15 years. She is located at 24 S. Market Street in Johnstown in the Headquarters Salon. She provides massage therapy services in the salon, but she also travels to residences and businesses with her mobile massage table. She does home parties, and spa treatments and corporate massages at business locations.

Roberta offers Swedish, Sports, Pre-Natal massages, Hot Stone massages, Chair massages, and Cupping Technique. She also offers packages such as a foot soak and scrub, paraffin dips on hands and feet and a half-hour massage; foot soak with hot stones; paraffin dip and hand massage, deep penetrating infrared heat with massage to treated areas, and so much more.

Roberta prides herself on having clients who have been with her throughout her 15 years in business. She finds that people have a really great comfort level with her, especially with first time clients who tend to be somewhat nervous. She offers massages for people of all ages; for those under 18 parents must be present. She has experience with people with developmental disabilities or neurodivergencies. Before she became a massage therapist, she worked at both Lexington and Liberty as a case manager for people with disabilities – besides her licensure in Massage Therapy, she also has a B.S. in Human Services.

She takes the time to listen and counsel...she feels privileged to learn about you and your needs before she provides services. Roberta is available six days a week – Monday through Saturday by appointment. She has experience putting together health and wellness events, and spa treatments for groups – for both personal and businesses. Roberta also offers gift certificates for any occasion. Contact Roberta via email at rob-ertamarie73@hotmail.com or by phone at (518) 752-8935



SOROPTIMIST INTERNATIONAL OF FULTON AND MONTGOMERY COUNTIES IS BUSY WITH PROJECTS

Soroptimist International is busy with some of their biggest projects of the year, a Meet and Greet, the annual Craft Fair, and more.

The club provided six **award winners** for its 2024 scholarship program with each receiving \$1,500. They had a record number of applications, 40+ and it was a very competitive year. The winners came from districts throughout Fulton and Montgomery counties: one winner from Amsterdam, two from Johnstown, one from Fonda-Fultonville, one from Northville and one from Gloversville.

In addition to scholarships, Soroptimist also give out a monetary award called Live your Dream that is given to a woman in the community who is the primary financial provider for herself and a dependent, is enrolled in a vocational/ degree program, and resides in Fulton or Montgomery county.

Between the academic scholarships and the Live your Dream award the club is proud to say they awarded \$11,500.00 in 2024.

Soroptimist is hosting a **Meet and Greet** on Wednesday, October 9 from 5pm-7pm at The Eccentric Club, 109 N. Main Street, Gloversville. All women are invited to attend and meet current members and see what the organization is all about.

Two lucky women who attend will be drawn at random to receive a FREE one-year membership! Bring your friends, co-workers, mom, sister or anyone who you think might be interested. There will be light refreshments served.

The 41st Annual **Craft Fair** is scheduled to take place at Gloversville Middle School on Sunday, November 24. There will be 100s of crafters, a bake sales, raffle baskets, food concession and so much more! This event benefits the organization's scholarship program.

For more information, visit the organization's Facebook page at <https://www.facebook.com/SoroptimistInternationalofFultonandMontgomery>

FOX RUN GOLF CLUB STILL BUSY AS WE TRANSITION TO COOLER WEATHER

Even though the weather is cooling down, there is still a lot of golf to play, and lessons to be taken to better your game at [Fox Run Golf Club!](#)

Course owner/operator Richard Scott is a PGA Professional, and has a true passion for the game. He recently won 2022 PGA Golf Professional of the Year in the NENY section. Rich is also a Junior Player Development award winner, and can teach any age group. Come see how he can help you improve your game—indoors or outdoors!

As soon as outdoor golf is suspended, indoor golf goes into full swing at the course. With five custom simulators, there is always room for your or your group. Whether you want to practice your skill, take a lesson or play 18 on some of the world's best courses, Fox Run welcomes you. Food is always available as well as a full bar.

Have golfer friends/family coming into town? The [Pine Lake Lodge](#) has partnered with local courses, including Fox Run, to offer a mid-week golf & stay package. For \$299/person (minimum of 8 guests) plus four rounds of golf! Get details at info@thepinelakelodge.com



GREATER JOHNSTOWN LIONS CLUB HAS A RICH HISTORY AND EYE ON THE FUTURE

The Greater Johnstown Lions Club and its 40 members are busy with events, programs, initiatives and so much more. The local club is part of Lions Club International, serving a world in need, one act of kindness at a time. Lions Club International is the largest membership-based service organization in the world. Their 1.4 million members serve both locally and globally to help take on some of the biggest challenges facing humanity. Since their founding in 1917, they have been proving that where there's a need, there's a Lion. Their motto is "We Serve" and Lions put that into action every day.

The Greater Johnstown Lions Club's service projects are vast and varied and support both Johnstown and Groversville communities and projects. The Johnstown and Groversville Clubs merged five years ago, and since then the merged clubs have held a number of fundraising events for projects such as scholarships for two seniors involved in their communities at both Johnstown and Groversville High Schools. They support local organizations such as The Arc Lexington's Kaleidoscope program, Camp-Abilities which is a summer camp for those with visual challenges, Johnstown and Groversville School Districts' backpack programs, Johnstown and Groversville Little Leagues, Johnstown and Groversville Public Libraries, Mountain Valley Hospice and Palliative Care, and others. The club purchases flowers that are on display in downtown Johnstown and participates in local and regional parades, including local holiday parades

Many know Lions Clubs because of their aid to those who are blind or visually impaired. They have been saving sight for close to 100 years, and many of those in our community know of their collection boxes for used glasses

Photos: Above, from left Karen Miller, Co-President and Stacey Lee, Vice President; Below: Club members at a recent meeting.



es. These glasses are sent all over the world to help those in need find eyewear to help them see. The local club also has provided free eye screening to students in elementary schools in the Johnstown, Groversville and Wheelerville districts. Collection boxes for used glasses can be found at the Johnstown and Groversville Senior Centers, Libraries, DMV and many more locations.

This breadth of community service is made possible from myriad fundraising events that the Greater Johnstown Lions Club holds each year including a golf tournament, chili cook-off, bowling tournament, raffle at the annual Vintage Café car show, the sale of Easter bunny chocolates and so much more.

The Club meets from September to June on the 2nd and 4th Wednesday of each month at [Partners Pub](#) in Johnstown with no meetings in July and August. Current officers include Co-Presidents Karen Miller and Michelle Muzzi, Vice President Stacey Lee and Treasurer Eric Unislawski. Anyone interested in the club is welcome to attend a meeting. There are two members of the club who have been Lions for over 40 years, and there are others who are new. They are always looking for people to join this service-minded group.

Two events are coming up for the club in October and November—a **Chili Cook-Off** at the downtown Johnstown Harvest Festival on Saturday, October 19 in Main Street Park and their **Sixth Annual Bowling Tournament** (8-pin no tap) on Saturday, November 2 at 12 noon at [Perry Lanes](#) in Johnstown.

The Chili Cook-Off is looking for participants to cook their favorite chili and have judges and attendees taste and vote for the top three chilis. Entry is easy: Call (518) 332-7455 or email gjlions2ow@gmail.com with name and contact information

There are opportunities at the bowling tournament not only to enter a team and have a great time, but there are \$25 lane sponsorships available for businesses. Email or call the number above for details, or pick up a registration form at Perry Lanes.

Follow all the great work this club does on their [Facebook page](#) or join them for a meeting to see what they are all about!

Johnstown Harvest Festival
Second Annual Chili Cook Off

Presented by The Greater Johnstown Lions Club

WHEN: SATURDAY, OCTOBER 19TH
WHERE: MAIN STREET PARK - DOWNTOWN JOHNSTOWN

DETAILS: Tables, tasting bowls, aprons & napkins will be provided. We ask that you provide a method to keep your chili warm. Priority will be awarded to each team that requests it.

TIMELINE: 11:00 AM - 11:30 AM: SIGN UP
 11:30 AM - 12:00 PM: CHILI COOKING
 12:00 PM - 1:00 PM: TASTING & VOTING

PRIZES & AWARDS: 1st PLACE, 2nd PLACE, 3rd PLACE, PEOPLE'S CHOICE

EASY WAYS TO ENTER: Send Chili Cook Off to gjlions2ow@gmail.com call 518 332 7455 with information and send money to PO Box 305, Johnstown. Or message @Greater Johnstown Lions Club on FB & Instagram. Will be sent upon receipt.

Bug Country 99/101

SIXTH ANNUAL LION'S CLUB 8 PIN NO-TAP BOWLING TOURNAMENT

When: SATURDAY, NOVEMBER 2ND
Where: Perry Lanes
Time: 12:00 PM (check in 11:30 AM)
Cost: \$125 per team
Team: 5 person teams (mixed, ladies, men)
 Lane Sponsorship \$25

Entries are due by 10/29/2024
 Grab a few friends and come on down to benefit a great cause!

Team Name: _____ 3. _____
 Bowlers: 1. _____ 4. _____
 2. _____ 5. _____

Entries can be returned to Greater Johnstown Lions Club PO Box 305 Johnstown, NY 12095

TOURISM NEWS & UPDATES

MONTGOMERY COUNTY TOURISM NEWS

Visit Montgomery County NY and DisCap present The Blues at Burbine IV on Saturday, October 19, 7:45am to 6pm. The sold-out disc golf event will feature players from across the Northeast! The event will take place in Charleston, NY at the Thomas Burbine Memorial Forest Trail. For more information visit the Facebook event [here](#). Register for the event [here](#).

7:45am- 8:45am Registration and breakfast sandwiches for sale. Lunch orders taken.
9am Players meeting and walk to starting hole
9:15am Round 1 Shotgun Start
~1:00pm Round 2 Shotgun Start (approximately 1 hour after Round 1)
~4:30pm Awards (approximately 30 min after Round 2)

There is lots happening in Montgomery County, NY in the month of October. Make sure to visit our events calendar: <https://visitmontgomerycountyny.com/events/list/page/2/>

Membership Director message—continued from page 3

How to get Involved

Businesses interested in participating in the Chamber Check program can easily sign up through the Fulton Montgomery Regional Chamber of Commerce. The process involves registering with the Chamber, agreeing to honor the checks, and promoting the program to customers. Remember: You can deposit these checks just like cash. Just endorse the Chamber Check, fill out your deposit slip and deposit!

The Chamber Check program not only enhances your shopping experience locally, but also supports are local businesses. For more information ,please visit the Chambers website or give us a call 518-725-0641. The holidays are right around the corner it's a great way to boost our economy and help our local businesses.

FULTON COUNTY TOURISM NEWS

October in Fulton County!

Fall foliage has popped and the contrast against our blue 44 Lakes, or charming village and city-scapes is awesome. Fall is a picture perfect time to take advantage of paddling our lakes and rivers, or try the Fulton County 5 Hiking Challenge, and visit our Craft Beverage Trail with crisp seasonal additions.

[The Glove Theatre](#) is perpetually hosting excellent entertainment – be sure to visit this historic site. Go to 44lakes.com for all the fall festivals, fall events with fall harvests, cider doughnuts, apples and things to do!

The cities of Johnstown and Gloversville are busy with harvest, historic and family-fun events.

The Historic Rice Homestead is hosting its annual Fall Harvest Cruise-In on Saturday, October 5th, from noon to 4 pm.

The village of Northville's Harvest Saturday takes place Saturday, Oct 12 – a village-wide celebration! Also on Sunday, October 6 - Wheelerville Trails in Caroga is hosting its Enduro and Downhill Mountain Bike Race Event.

Fulton County is the place for spooky Halloween fun. Four individual locations are listed on the NYS Historic History Trail; Knox Mansion – Johnstown, The Historic Hotel Broadalbin – Broadalbin, The Timeless Tavern – Northville and the Fulton County Historical Society – Gloversville. These places are spectacular year-round but have a special flair in October! Go to 44lakes.com for special events, cemetery tours, costume parties and all things spooky in October.

Seek your most memorable fall adventures in Fulton County!

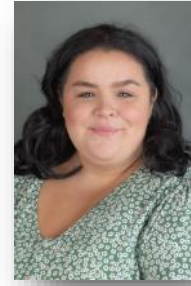
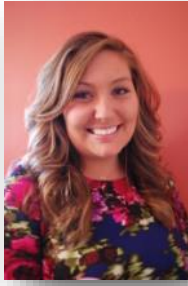
WALLEYE CHALLENGE ON FOR 2025!

The 15th Walleye Challenge will be held on February 15, 2025 on the Great Sacandaga Lake.

Forms will be mailed out on November 1 and will be available additionally at Fuel-N-Food, 3006 State Highway 30, Gloversville on November 4.

Tickets are \$60 each and includes fishing and entry for a chance to win a door prize (there will be 64) and one side-by-side and two four-wheelers. Only 1500 tickets will be sold! For information on how to sponsor the event, contact Ann Boles, anneb@fultonmontgomeryny.org

Nicole Walrath,
 Director of Work-
 force Development
 nicolew@
 fultonmontgom-
 eryny.org



Natalie May,
 Business & Education
 Partnership Coord.
 nataliem@
 fultonmontgom-
 eryny.org

Last call to sign up
 for Career Con &
 HFM PTECH's
 10 Year Celebra-
 tion on October 16
 To register, please
 contact Nicole
 Walrath
 at nicolew@fultonmontgomeryny.org.

INTERNSHIP PLACEMENTS NEEDED!!
 We're looking for businesses to host HFM PTECH students for internships. Internships are a mandatory requirement of the PTECH program, and students must have a minimum of 20 hours. If your business is interested in hosting a student, please contact Natalie May at nataliem@fultonmontgomeryny.org.

THANK YOU to the following Chamber Members who sponsored our 2024 Golf Classic

Presenting Sponsor



Apparel Sponsor



Dinner Sponsors



Cocktail Hour Sponsors



Lunch Sponsors



Specialty Drink Hole Sponsors



Beverage Cart Sponsors



Bill and Roberta Winsman



Snack Cart Sponsor



Hole-in-One Sponsors



Hole and Tee Sponsors

- Abdella & Sise Law Firm
- Adirondack Septic Tank
- Derby Office Equipment
- FAGE USA Dairy Industry, Inc.
- First National Bank of Scotia
- Frank & Sons Body Works
- Fulmont Community Action Agency
- Hill & Markes
- Holiday Inn Johnstown-Gloversville
- Liberty ARC

- Mental Health Association of Fulton & Montgomery Counties
- Parkhurst Pest & Rodent Solutions
- Ricmar Design & Print Shop
- Rose & Hughes Funeral Home
- Jenny Rulison-Fisch, State Farm Insurance
- Assemblyman Robert Smullen
- Townsend Leather
- The Wesson Group

THANK YOU TO THESE GREAT CHAMBER MEMBERS WHO MADE IN-KIND DONATIONS TO OUR 2024 GOLF CLASSIC—We Were a Success Because of You!

- 44 Lakes Customized Gifts & Décor
- Adirondack Express Lube
- Adirondack Country Store
- Adirondack Touch Massage
- Adirondack Harley Davidson
- Amsterdam Mohawks
- Annie D's Grill
- Antler's Country Club
- The Arc Lexington
- Bosco's Family Restaurant
- Broadalbin Hotel
- C. Gerard Marketing
- Candids with Emily Rose
- CG Roxane
- Classic Auto Wash
- Colonial Little Theatre
- Craftsman Auto Glass
- DeMi's Liquors
- Dygert Farms Creamery
- Executive Electric
- Fulton County Regional SPCA
- Frank's Gun Shop
- Funky Monkey Wine & Liquor
- Hales Mills Country Club
- Harold's Restaurant and Lounge
- High Rollers
- Holiday Inn Johnstown-Gloversville
- Jazzy-Gin Designs
- Jim's Bait Shop
- Lakeview Orchards
- Lapland Lake
- Lanzi's Restaurants
- Lee Shops at Wagner Square
- Livingston's Furniture
- McDonald's Johnstown/Gloversville
- Megabites Catering
- Mohawk Harvest Cooperative Market
- Mud Road Sugar House
- NAC's Meat Market
- New York Lunch
- Noble Ace Hardware
- Northville 5 & 10
- OB1 Insurance
- Old Brick Furniture
- On the Mark Accounting
- Paul Nigra Center for Creative Arts
- Peaceful Valley Maple Farms
- Pluchino's Marina
- Recovery Sports Grill
- Riverside Pizzeria
- Rogers' Cideryard, LLC
- Romana's Italian Kitchen
- Route 30 Wine/Liquor Depot
- Ruby & Quiri
- Runnings
- Sam's Liquor
- Sam's Seafood Steakhouse
- Schwalbacher Brewing
- SFCU (Sidney Federal Credit Union)
- Stump City Brewery, LLC
- SUNY Fulton-Montgomery
- SW The Spa
- T-Mobile
- Transitions
- Upstate Coffee
- Wishes N Dreams Past N Present



GET INVOLVED WITH **YOUR** CHAMBER

All events offer **FREE** admission for Chamber members and their employees.

Unless otherwise indicated (highlighted), please RSVP to (518) 725-0641 or email fultonmontgomeryny@gmail.com.

RIBBON-CUTTING/OPEN HOUSE FOR ROSE & HUGHES FUNERAL HOME

Thursday, October 3, 5pm-7pm
200 Church Street, Amsterdam
Join us as we celebrate this new business in Amsterdam. There will be a ribbon-cutting at 5pm, followed by refreshments and tours of the business. RSVP appreciated; please use contact information in headline.

HFM PTECH 10TH ANNIVERSARY CELEBRATION

Wednesday, October 16, 3pm-4:00pm
SUNY Fulton-Montgomery—The Allen House
2805 State Highway 67, Johnstown
The Chamber's Business Education Partnership program helps to celebrate the 10th Anniversary of the HFM PTECH program and our partnership with the school. A free event for Chamber members and their employees—all are invited! RSVP required for planning purposes. See details about RSVPs in the headline above.

CAREERCON

Wednesday, October 16
Fulton-Montgomery Community College
A career exploration event for regional 8th-grade students and SUNY FM students, Chamber members are invited to participate with a free booth at the event to speak with students about your business and career paths to employment. Sponsorship opportunities also available for Chamber members. Please contact Nicole Walrath for more information or to register for the event: [nwalrath@hfmboeces.org](mailto:nwalrath@hfmbooces.org).

BUSINESS AFTER HOURS AT THE RECOVERY SPORTS GRILL

Thursday, October 17, 5pm-7pm
200 Church Street, Amsterdam
Come and enjoy camaraderie, networking, great food and drink...and stay to watch the Thursday Night NFL game! RSVP requested for planning purposes; see RSVP info in headline above.

AI TRAINING FOR SMALL BUSINESS—An Online Webinar FREE for Chamber Members!

Wednesday, October 23—1pm
Supercharge Your Business with AI – Don't Miss This FREE, Exclusive Webinar!
We're excited to offer you an exclusive opportunity to elevate your business with cutting-edge AI knowledge! Join us on Wednesday, October 23rd at 1 PM Eastern for a special 90-minute webinar designed specifically for small business owners like you. This event is FREE for our Chamber members.

What You'll Learn:

- Save Time: Explore use cases to understand how AI can

free up your time.

- Be More Productive: Discover ways AI can make you and your team more productive and get more done.
 - Enhance Your Creativity: Learn how to create professional-quality marketing materials with AI.
- Flexible Viewing Options - Attend live or watch on-demand at your convenience.

This webinar is a member-only benefit. Register today using the link below:

Register Now at <https://bit.ly/AIWebinarFall2024>

This is a unique chance to gain valuable skills that will help you stay ahead in today's competitive market.

RIBBON-CUTTING EVENT AT BELLA VITA SALON

Monday, October 28, 10am
123 Sanford Farms Shopping Plaza, Amsterdam
Join us as we celebrate new member Bella Vita Salon at this ribbon-cutting event.

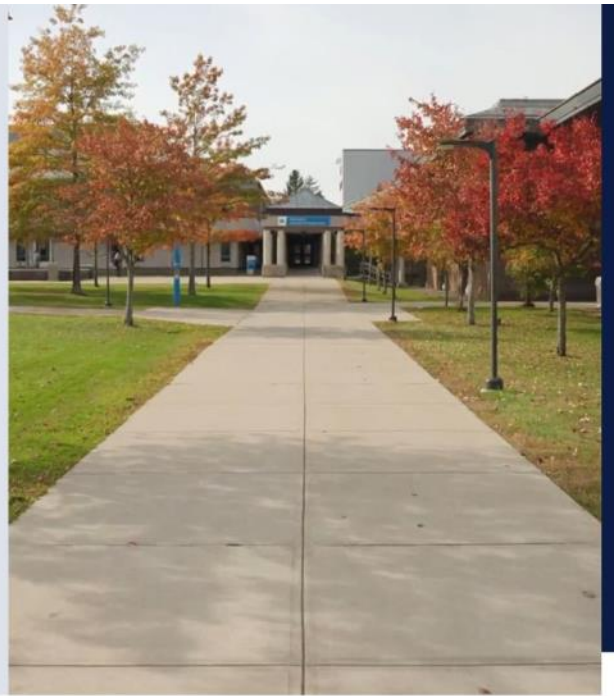
NATHAN LITTAUER
Primary/Specialty Care Centers

(518) 725-8621
nlh.org

We're here for all your care needs.

THE WOMEN'S HEALTH TEAM

SUNY FMCC HR CONSORTIUM 2024



**GUEST SPEAKER:
CYNTHIA PROCTOR**

DIRECTOR OF
COMMUNICATIONS AND
ACADEMIC POLICY
DEVELOPMENT, OFFICE OF THE
PROVOST

CONSORTIUM HIGHLIGHTS

- LEARN ABOUT THE VALUE OF MICROCREDENTIALS
- HOW TO GROW AND STRENGTHEN YOUR WORKFORCE
- PARTNERING WITH FMCC

DATE

NOVEMBER 13TH, 2024

TIME

8:30AM BREAKFAST
9:00AM SEMINAR START

LOCATION

ALLEN HOUSE- FMCC
2805 ST HWY 67 JOHNSTOWN NY



TO RSVP, PLEASE
SCAN QR CODE

ANY QUESTIONS PLEASE CONTACT:
FMPARTNER@FMCC.EDU